

## **Lou Noake** –

- Member of the Foreign Wars Ladies Auxiliary, earning “Chaplain of the Year” awards several times from the State VFW Ladies Auxiliary. She visits and sews for sick members in the hospital, nursing home or their homes in time of need and hosts birthday and Christmas parties for them. She collects aluminum for the Ronald McDonald House in Phoenix, collects coats and blankets for the homeless, and participates in Appreciation Banquet for local policemen and firemen, the Nickel Auction, Buddy Poppy Fund Raiser, Early Bird Membership Dinner and the Children’s Christmas Party.
- Lions Club projects including Salsa Fest, selling raffle tickets, updating song books, Salvation bell ringing at Christmas and food hand out/delivery for disabled.
- Member of the Mt. Graham Regional Medical Center Auxiliary Team since 2001. Sews and donates items for the annual Christmas House and sews and crochets baby hats and bonnets for newborns.
- Member of the American Legion Gila Valley Veterans Honor Guard and assists at the Legion with bingo and making baby blankets and lap robes.

Lou is a faithful worker and always glad to offer a helping hand serving in various positions during her more than 34 years of service.